



Urban Indian Coalition of Arizona

COALITION MEETING

Tuesday, April 23, 2024
Phoenix Indian Center, Inc.
Virtual Meeting
2:00 PM – 4:00 PM

MISSION

Create a sustainable coalition that addresses prevention of suicide, underage drinking and use/abuse of marijuana and prescription drugs through the foundation of cultures to improve the overall well-being of Urban American Indian youth and families.

MEETING MINUTES

ATTENDEES

1. Ariana Granger – AACIHC
2. Beth Tom – Northland Cares
3. Bryan Yazzie – SRPMIC Youth Services
4. Cante Zephier – PIC/UICAZ
5. Clyde Miller – TCDC/HEAAL
6. Cristian Canales – PIC/UICAZ
7. Darien Fuller – AACIHC
8. Dalila Guerrero – Maricopa County Public Health
9. David Begay Jr. – NAC Camelback Pointe
10. Elisia Manuel – StepStone Family Youth Services/Three Precious Miracles
11. Essense Stephenson – Wellness Oasis Resource
12. Ethan Tsosie – PIC/UICAZ
13. Gina Read – One N Ten
14. Haley Vellutini – Casa of Maricopa County
15. Jolene Fernandez – PIC/UICAZ
16. Kami Ortiz – PIC
17. KC Uber – Banner Health
18. Kristen Celeski – RAE 6 Tech
19. Kristy Standford – Crime Survivors for Safety and Justice
20. Lauree Copenhaver – Human Services Consultants
21. Lauren Wideman – Human Services Consultants (HSC)
22. Leslie Monroy – Mothers Against Drunk Driving (MADD)
23. Loren Bahe – PIC/UICAZ
24. Marcus M – Nooksack
25. Misty Castro – TIC Suicide Prevention, Intervention and Post-vention
26. Nathan Wagner – Creative Refinery: Outreach Committee
27. Quincy Stewart – ASU CAPLTER
28. Rachel Sodhi – City of Phoenix Office of Public Health
29. Randa Hightower – The Mahoney Group – Tribal Insurance
30. Richard Rodriguez – US Bank
31. Ryan Martin – Maricopa County Public Health
32. Sarah Meston – StepStone Family and Youth Services
33. Shauntelle Moussa – LaFrontera – EMPAC
34. Shannon Manuel – Parent
35. Shermaine Nelson – PIC/UICAZ
36. Summer Hassan – AACIHC
37. Valencia Gorman – Parent
38. Vicci Begay – Smiling Spirits

Meeting Called to Order at 2:00 PM by Shermaine Nelson

Shermaine welcomed attendees and prompted all virtual attendees to type their name and organization into the Zoom chat box.



Icebreaker introductions were completed popcorn style with the question: *Would you rather go on a tropical vacation or camping trip?* Shermaine started off the icebreaker question with an introduction and organization. Those attendees in-person went first and then passed to the virtual attendees. Shermaine allowed new PIC Prevention staff, Cante Zephier and Cristian Canales, to introduce themselves. Shermaine reviewed the UICAZ mission statement and Land Acknowledgement.

Shermaine and attendees reviewed today's agenda.

Review Meeting Minutes from March 19, 2024

Clyde Miller motioned to approve the March 2024 meeting minutes. **Dalila Guerrero** seconded the motion to approve the meeting minutes. There was no discussion regarding the meeting minutes. The majority voted to approve the March meeting minutes, and the motions have been adopted.

Organization Spotlight Series

Shermaine mentioned that there will be no organization spotlight series today, allowing more time for the UICAZ subcommittees to discuss upcoming projects in the breakout sessions.

Coalition Updates

Gathering of Native Americans (GONA)

- Jolene F. reported out – On April 6th, we had our GONA at the Salt River community, where we had a great turnout, it was our first time hosting a GONA in the Salt River Community. We hosted one on April 20 at the Phoenix Indian School Visitor Center, where we are at frequently. Our next one is on May 18 at the Pascua Yaqui complex. If you have not attended a GONA event, I highly encourage you to attend. We cover Belonging, Mastery, Interdependence, and Generosity. We discuss community, neighbor and tribal issues. Breakfast and lunch are provided at these events.

Living in 2 Worlds

- Jolene F. reported out – Our Living in 2 Worlds is our evidence-based curriculum with our middle school-aged youth. We discuss risky behaviors and using REAL strategies. We are in Madison No. 1 and have about 4 youths in this class. Our next class is at Bogle Jr High School and 13 youths in our Chandler location. Shermaine: Ethan and I travel to the Chandler location since we live closer. Bogle students are great, although, we are trying to get them out of their shell, they are engaging in conversations.

Parenting in 2 World

- Ethan T. reported out – P2W is the parenting curriculum that we have at our center; it is a 10-week session on Zoom or in person. We have ongoing cycles throughout the year, if you know any interested parents or clients, please refer them to us. We have our current cycles, 13, 14, and 15 going on Monday, Tuesday, and Thursday evenings.

GCHAR – Healthy

- Loren B. reported out – Our parenting research study is happening every Thursday, starting May 9th. During the kick-off session, we will be discussing what to expect, requirements, and learning more about the study. May 16th will be our first lesson. The location will be at Native Health Mesa from 6-8PM. There are requirements for participants, gift cards, childcare, and dinner will be provided at each class. Please share this information.



Safeguarding Medications 101 (Rx360)

- Ethan T. reported out – Our prevention workshop against prescription misuse. These are community workshops, where participants will gain knowledge on steps of how to prevent misuse in their household. If you see on the picture, we are giving away medication lock bags and a certificate of completion. We are collaborating with City of Phoenix and will be hosting our upcoming training at the Sunnyslope Senior Center on April 29, 2024. On May 29th, we will be hosting a virtual lunch and learning workshop. Please look out on our social media for registration.

DEA Drug Take Back Day

- Shermaine N. reported out - We have our DTBD coming up this weekend. We are going to be at two locations, Phoenix Indian Medical Center and Burton Barr Central Library.

Applied Suicide Intervention Skills Training (ASIST)

- Shermaine N. reported out – We just completed our ASIST Training at Glendale Community College. We trained 22 students, they are now able, available, and willing to be caregivers in the community. We will be having an upcoming ASIST training in two weeks, May 8th & 9th, You can also register through our website and calendar event's page.

safeTALK

- Shermaine N. reported out – We will also be having a 4-hour training at Native Health Mesa. We still have seats available, so if you are interested, contact me. You can also register through our website and calendar event's page.

Suicide Prevention Convening:

- We had a 2024 Annual American Indian Suicide Prevention Convening on March 29th at Desert Willow Conference Center. Shermaine reviewed event photos that outlined UICAZ staff, youth FINAL Youth Council involvement, and R & O Chair, Allen King. Our breakout session were folks from ASU SIRC, Fort Defiance Indian Hospital, Mindfulness Movement, and PIC staff who talk about healing in their community. We also closed out the event day with Chi'Chino Spritis. This was one of our biggest events so far. We had about 130 people who attended this event.

Subcommittee Breakout Sessions / Subcommittee Debrief:

- **Recruitment & Outreach (Report out by Kami):**

Attendees: Kami Ortiz, Cante Zephier, Randa Hightower, Lauren Wideman, Quincy Stewart, Leslie Monroy, Lauree Copenhaver, Brain Yazzie, Misty Castro, Shannon Manuel, Summer Hassan, Nathan Wagner

- R&O had many new members attend this meeting, and this was Cante's first meeting with the subcommittee, so there were introductions at the beginning.
- KO reviewed the goals of the Recruitment and Outreach committee, including the 12 sectors within the bylaws. Recruitment letter was shared with committee.
- One member shared their org (AACIHC) wants to grow outreach efforts, so CZ and PL's contact info was shared so they can send outreach opportunities.
- Volunteer Leaders Appreciation Breakfast timeline was discussed, resulting in the committee pushing the date back due to PIC's ever-changing move timeline and members' personal summer travel plans. Event agenda was reviewed again.



Meeting minutes: [R&O External meeting - 4.23.24.pdf](#)

- **Training & Workshops (Minute provided by Ethan)**

Attendees: Dalila Guerrero, Ethan Tsosie, Ariana Granger, Darien Fuller, Ryan Martin, Shannon Manuel

The group discussed their past vaping workshop, which included the feedback they received. We are in the works to plan another Vaping workshop in 2024.

- **Urban Indian Child Welfare (Minutes provided by Loren Bahe)**

Attendees: Cristian Canales, Elisia Manuel, Haley Vellutini, Loren Bahe, Rachel Sodhi, Sarah Meston, Valencia Gorman

We had 7 to 8 people in our breakout. We had a new person joining our subcommittee meeting, Valencia. We are happy to announce our ICWA symposium in September.

- The group discussed the theme, purpose, sponsorship, and speaker topics.

- **Suicide Prevention Committee (Report-out provided by Shermaine Nelson):**

Attendees: Shermaine Nelson, Beth Tom, Clyde Miller, David Begay, Gina Read, Kristy Stanford, Shauntelle Moussa, Vicci Begay

- Introductions of the new members
- SN provide a brief update on the pop-up project. SN: We are taking the suggestions and ideas of the last meeting and putting them together.
- Discussed what activity we can implement for the upcoming National Prevention Week.
 - Possibly bringing back #AMileFor for a day.
- Discussed upcoming suicide prevention event happening in Maricopa County.

Coalition Member Announcements/Community Calendar

- **Three Precious Miracles** - May 4th – Social Pow Wow.
- **HEAAL Coalition** - Drug Take Back on April 27, 2024 from 10AM-2PM located at 1825 W. Bethany Home Rd., Phoenix, AZ 85015. Clyde announced and provided more details about the event. On the same day, we will be having our Ladies first workshop. For young ladies from 12-18 years old. All ladies are welcome to come. From 10am-12pm. We will have some outstanding speakers. 2nd of next week, Weed and cleave Willow Conference Center. Trauma informed care and harm reduction. Clyde will forward the information to everyone.
- **Just Move It** – May 1, 2024 – National Physical Fitness and Sport Month.
- **Wellness Oasis: Resource Center** - Youth Summer Camp for 11-14 years old. Accept Native American Health Insurance. This will be a self-pay event. There is a sliding cost pay program available. Impact with so many games and activities. Register online at Located in Mesa.
- **Kristy Standford** – Saturday, April 27, 2024 at Estivan park. Outreach tabling event.
- https://www.mobilize.us/crimesurvivorsforsafetyandjustice/event/613278/?force_banner=true&share_context=event_details&share_medium=copy_link



- **MAAD** – Today we have the victims advocate free of charge. Inviting anyone who has been impacted by drunk driving. Virtual healing journey from 6pm-8pm online. Candlelight visual in Tucson. 6pm-8pm. Leslie.Monroy@madd.org
- **Maricopa County Public Health Native American Liaison, Ryan Martin** – It is getting hot out there. We have the largest 645 deaths. 2022 we had a large death related to substance abuse and heat. 2023 age range was 20-64 years of age related to death. Think of creative ways to stay cool.
- **PIC Language and Culture** – Native Elders Mentor Program is actively recruiting. Community Input on Indigenous Languages Focus group tonight! Email koritz@phxindcenter.org [Language & Culture \(phxindcenter.org\)](#)

Closing Announcements

- Our next meeting will be held on September 26th during Suicide Prevention month. We encourage you to wear purple, change your Zoom background to purple or anything referring to suicide prevention. We will be taking a group photo.
- Submit your membership forms. We will have a link sent in the chat for this. Fill it out and email it to us.
- If you want to volunteer for us, we have a form on our website to fill out.
- You can subscribe to our PIC events calendar. You can see all our workshops and anything that is going on and it will link to your Google Calendar, Outlook Calendar, or your phone.
- Next month we will have the Mahoney Group House as our spotlight speaker. If someone could email us your presentation that'd be appreciated.
- Follow us on our social media platforms! Like our posts, like our stories. If you want us to reshare your posts, just tag us and we can repost on our page. All the information about upcoming events and workshops can be found on the UICAZ website: www.uicaz.org.

Adjournment

The meeting was adjourned at 3:52pm.

Next Meeting

Date: May 26, 2024

Time: 2:00 PM - 4:00 PM

Location: Virtual on Zoom only

2024 Meeting Registration Link: <https://us06web.zoom.us/j/84451234567>

Note: Registration only needs to happen once. Once registered, you will have access to all future UICAZ meetings until December 2024. Please register individually and refrain from sharing zoom meeting links.