



**Urban Indian Coalition of Arizona
COALITION MEETING**

Tuesday, September 24, 2024
Phoenix Indian Center, Inc.
Virtual Meeting
2:00 PM – 4:00 PM

MISSION

Create a sustainable coalition that addresses prevention of suicide, underage drinking and use/abuse of marijuana and prescription drugs through the foundation of cultures to improve the overall well-being of Urban American Indian youth and families.

MEETING MINUTES

ATTENDEES

1. Belen Santistevan – PIC
2. Kyrene Yazzie – PIC
3. Kennedy Slowtalker-Begay – PIC
4. Cante Zephier – PIC
5. Loren Bahe – PIC
6. Cristian Canales – PIC
7. Shermaine Nelson – PIC
8. Ethan Tsosie – PIC
9. Perise Lauvao – PIC
10. Cheryl Lubahn – DDD
11. Gabriela Rodriguez – Teen Moms
12. Brittany Aquitante – Maricopa County ICWA
13. Danielle Flowers – notMYkid
14. Sophia Marjanovic – Community Member
15. Rachel Sodhi – City of Phoenix Office of Public Health
16. Flaydina Knight – Towaoc Behavioral Health
17. Joshua Stegemeyer – ADHS
18. Randa Hightower – The Mahoney Group
19. April Childs – Native American Connections
20. Ryan Martin – Maricopa County Dept. of Public Health
21. Mariah Mendez – WIOA
22. Tarinda Craglow – Ombudsman AZAlternative High Schools
23. Karla Coleman – QS Academy
24. Godfrey Ramirez – CHR Fort McDowell
25. Jennifer Hernandez – College Depot
26. Sara Meston – Stepstone Family & Youth Services
27. Jerrilene Antone-Morton – DES Child & Family Services
28. Elisia Manuel – Stepstone/ 3 Precious Miracles
29. Darien Fuller – AACIHC
30. Beth Tom – Northland Cares
31. Kathleen Montano – BUHP
32. Nathan Wagner – Creative Refinery
33. Dalila Guerrero – Maricopa County Public Health
34. Kim Glass – GFB Enterprises/Fusion Power/Squatter Watch
35. Lisa Cadman – Department of Child Safety
36. Quincy Stewart – CAPLTER ASU/Phi Beta Sigma Phoenix Chapter
37. Meya Castillo – ASU/Community Member
38. Laboraex Abeita – Solari Crisis & Human Services
39. Raelenia Patterson – San Carlos USD
40. Loren Grizzard – Tanner Community Development Corporation / HEAAL Coalition
41. Clyde Miller – HEAAL Coalition
42. Marcus Minardo – Community Member
43. Janelle Allen – ASU Elder in Residence
44. Crystal James – Native American Connections
45. Elvira James – Amanah Health
46. Kelli Kostizak – City of Phoenix
47. Shenoa Prettyshield – Community Member
48. Valerie Williams – TD3
49. Sharon Newkirk – NAC
50. Lisa Hall – Native American Connections
51. Sharon Banda – CASA Gila River Indian Community
52. Tallerita Tunney Rogers – Via Linda Behavioral Hospital



Meeting Called to Order at 2:00 PM by Belen Santistevan

Belen welcomed attendees and prompted all virtual attendees to type their name and organization into the Zoom chat box. In person attendees passed the microphone for introductions.

Icebreaker introductions were completed popcorn style with the question: *What is your favorite fall treat?* Belen started off the icebreaker question with an introduction and organization. For those who did not get a chance to participate in the icebreaker question, Belen mentioned to type their answer in the chat and to continue to type their name and organization in the chat.

Belen and attendees reviewed today's agenda.

Review Meeting Minutes from August 27, 2024.

Rachel Sodhi motioned to approve the August meeting minutes. Elisia Manuel seconded the motion to approve the meeting minutes. There was no discussion regarding the meeting minutes. The majority voted in favor of approving the August meeting minutes, and the motions have been adopted.

Organization Spotlight Series

notMYkid presented by Danielle Flowers

Summary – This presentation provided an overview of the services and impact of the nonprofit organization, notMYkid, founded in 2000. NotMYkid seeks to provide support and resources for youth, their mental health, and wellbeing. Within their 24 years of experience, notMYkid has directly serviced over 3 million youth and adults. The 3 major programs that are offered include behavioral health, peer programs, and prevention education for ages 13-24. In the year 2023-2024, notMYkid was able to directly serve 40,216 youth and 6,458 adults and distributed 200 Narcan kits and 250 prescription lockboxes. The Behavioral Health program focuses on licensed therapists that offer family & individual counseling, therapy & skill-based groups, and intensive outpatient services. A popular piece of programming includes Project Rewind, an early action solution for teens and their families that includes two 2-hour group classes and 1-hour individual session. Visit notmykid.org or find notMYkid on social media for more information.

City of Phoenix presented by Rachel Sodhi

Summary – This presentation gave an overview of the emerging substance use needs for Phoenix. The presentation provided much needed context of the city, the Office of Public Health, and a summary of the data collected by the city of Phoenix regarding overdoses and the equitable distribution of resources across the county. The city recently launched an open-data dashboard that tracks overdoses, overdose deaths, and EMS calls responding to suspected overdoses. The 2025-2030 substance use strategic plan goals include:

- Prevent substance use-related deaths & disease.
- Reduce barriers to treatment and recovery.
- Prevent youth substance use and addiction.
- Strengthen city of Phoenix behavioral health crises responses.
- Reduce stigma associated with substance use disorder.
- Increase coordination & collaborative partnership.
- Invest in data monitoring & program evaluation.
- Understand and influence the policy landscape.



Coalition Updates

Gathering of Native Americans (GONA)

- Ethan Tsosie reported out - We hosted 2 GONAs on August 31st at the Phoenix Indian School Visitor's Center, and on September 14th at the CAPE Facility. We will be hosting another GONA this upcoming weekend on September 28th in collaboration with the #AMileFor community walk. For the month of October, we will be hosting a Youth GONA on October 26th at the Phoenix Indian Center, for ages 12-18.

Living in 2 Worlds

- Belen Santistevan reported out - The upcoming school year will be very busy and exciting as we are in Bogle Junior High School for the month of September, and Madison Park Middle School for the fall.

Parenting in 2 Worlds

- Ethan T. reported out - The following cycles of Parenting in 2 Worlds: 1, 3, and 4 are closed for registration. Cycles 5 on Tuesday evenings and Cycle 8 on Wednesday evenings are open for registration.

GCAHR Project HF2W/P2W

- Loren B. reported out - Informational sessions for the GCAHR research study will be taking place on September 24th, October 1st, and October 10th. The first lesson for the newest cycle will be taking place on October 15th at the Phoenix Indian Center. This study is for caregivers of American Indian and Alaska Native youth ages 12-17.

Safeguarding Medications: 101

- Cristian C. reported - Safeguarding Medications 101 lunch and learn workshops will be taking place on October 2nd, October 24th from 12pm-1pm.

Drug Take Back Day (DTBD)

- Ethan T. reported - On October 26th, the coalition is hosting a Drug Takeback Day at the Phoenix Indian Medical Center. This event is for community members to bring expired or unused medications to be properly disposed of.

QPR Gatekeeper Training

- Perise L. reported out – The coalition will be providing a private QPR training on October 3rd and the downtown ASU campus for the American Indian Social Work Student Association, and for those in the ASU community.

safeTALK

- Perise L. reported out – A September safeTALK was rescheduled for October 8th, with the location to be announced soon.



Applied Suicide Intervention Skills Training (ASIST)

- Belen S. reported out – The coalition will be conducting a private training for the Chandler Unified School District on October 10-11th. This is a 2-day suicide prevention training.

Network Support Roundtable

- Cante Z. reported out – We will be hosting a Network Support Roundtable in-person at the Phoenix Indian Center on October 1st. This event is for those who work in suicide prevention and/or have been trained in safeTALK, QPR, and ASIST. Those who attend will also receive a self-care kit.

FINAL Youth Coalition

- Cante Z. reported out – The Phoenix Indian Center recently inaugurated the 2024-2025 FINAL Youth Council, with 38 youth making up the council. Those within the Prevention committee are identified as being part of the Youth Coalition and will be working on Prevention projects for the next school year.

Cultural Class

- Belen S. reported out - On October 16th, a private drum making workshop will be held at Madison Camelview Elementary School.

Upcoming Subcommittee Events

- Belen S. reported out – The next few months are busy with multiple subcommittee events taking place, including the #AMileFor Community Walk on September 24th, the UICAZ Volunteer Appreciation Breakfast happening on October 24th, and the ICWA Symposium taking place in November. Belen encouraged the coalition to attend and support one another's committees and events.

#AMileFor Campaign & Community Walk

- Belen S. reported out - #AMileFor is a suicide prevention and awareness campaign developed by the Suicide Prevention Subcommittee in 2023 as an annual project to honor those who have been lost to suicide, those who are currently struggling, and to raise awareness by walking a mile. This campaign is customizable, with community members being able to walk for anyone they choose. The walk route will be 1 mile, from the street of Indian School Road to Osborn, and back up to the Phoenix Indian Center.

FY 24-25 Subcommittee Chair Nominations

- Belen S. reported out – Elections are taking place at the next coalition meeting happening on October 22. Nominations are currently being accepted for chair positions.

Subcommittee Breakout Sessions / Subcommittee Debrief:

- **Recruitment & Outreach (Report-out provided by Perise Lauvao)**

Attendees: Perise Lauvao, Cante Zephier, Clyde Miller, Marcus Minardo, Meya Castillo, Nathan Wagner, Randa Hightower



The group discussed the agenda for the Volunteer Appreciation Breakfast happening on Thursday Oct. 24. The committee assigned roles, as well as asked for volunteers to table for the #AMileFor community walk. Perise encouraged everyone in the coalition to sign up and attend the breakfast to celebrate our amazing coalition volunteers.

- **Training & Workshops (Report-out provided by Dalila Guerrero)**

Attendees: Ethan Tsosie, Dalila Guerrero, Gabriela Rodriguez, Darien Fuller, Loren Grizzard, Ryan Martin

The group did a round of introductions and welcomed them to the committee. The subcommittee discussed an upcoming webinar series starting in January 2024, starting first with the topic of commercial tobacco. A webinar will take place every other month on various substances.

- **Urban Indian Child Welfare (Minutes provided via Email by Elisia Manuel)**

Attendees: Loren Bahe, Cristian Canales, Elisia Manuel, Jerrilene Antone-Morton, Lisa Cadman, Sarah Meston, Sophia Marjanovic

The group discussed 2nd Annual ICWA Symposium will be taking place on November 16. The committee is waiting to market the flyer until the location is finalized. Loren provided a special recognition to Elisia for being named CNN Hero for 2024 for her inspiring work with 3 Previous Miracles. The coalition congratulated Elisia for this achievement!

- **Suicide Prevention Committee (Report-out provided by Laboraex Abeita):**

Attendees: Belén Santistevan, Shermaine Nelson, Laboraex Abeita, April Childs, Beth Tom, Crystal James, Godfrey Ramirez Jr., Joshua Stegemeyer, Kim Glass, Quincy Stewart, Sharon Newkirk, Tarinda Graglow

There committee finalized details regarding the #Milefor community walk on Saturday Sept. 28. Laboraex shared that there will be t-shirt decoration, sign and banner decoration, as well as light refreshments. Belen featured the amazing t-shirt design for the coalition to see. The walk is for raising awareness, and attendees can attend GONA afterwards.

Coalition Member Announcements/Community Calendar

- **Maricopa County Health** – Notice of Solicitation – Ryan Martin shared a notice of solicitation for substance use, prevention, and response interventions. If anyone is interested in this opportunity, please contact Ryan Martin at ryan.martin@maricopa.gov
- **UICAZ & Maricopa County Public Health** – Ethan Tsosie and Delila Guerrero will be presenting at Skyline Gila River – presenting on a vaping prevention & awareness curriculum
- **Roosevelt Hiring Event** – Friday, October 4, from 2 PM to 5 PM at Ocotillo Library & Workforce Literacy Center (see flyer).
- **30th Annual Career Fair** – Hosted in Sacaton on October 25th from 10 AM to 1 PM

Closing Announcements

- Our next meeting will be held on October 22nd. The next meeting format will be announced soon.
- Submit your membership forms. We will have a link sent in the chat for this. Fill it out an email it to us. Meeting reminders are sent via Zoom.

